

A N N U A L  
N A R R A T I V E - R E P O R T

for

COCHISE COUNTY

Bertha Virmond  
County Home Demonstration Agent

December 1, 1941

to

December 1, 1942.

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Miss Bertha Virmond  
Cochise County  
1942

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#### WAR ACTIVITIES REPORT FOR COCHISE COUNTY

In order to have a background which could be used for the War Activities Program the Agent gave assistance in the making of community maps. These maps were made by members of the Homemakers Clubs, and included the location of each family living in these districts. The central valley of the county from the north line to the Double Adobe District has been completed.

Special emphasis has been placed on food production, preparation and preservation. The Agent assisted with a countywide program planned by the County Agent, Poultry Specialist, and Horticulturist. These were neighborhood meetings at which time all of the specialists spoke on their particular field and the Home Demonstration Agent talked on the family food supply.

Independent of the usual garden club work supervised by the County Agent the Home Demonstration Agent gave assistance with 43 Victory Gardens. These were started in connection with the Mother-Daughter Canning Club which was organized countywide to take care of supervision which the Home Demonstration Agent was not able to give. This seems to have been quite a worthwhile project and a conservative estimate is as follows: 14 acres of garden were planted and carried through production with an estimated value of \$860 and \$500 saving. 2313 containers were filled with a value of \$531.25 and saving amounting to \$330.25. This Mother-Daughter Canning Club was set up to meet 4-H requirements and in addition a requirement of a minimum of 25 additional jars for which a Victory pin was presented to the 4-H Club member and also the mother or friend who supervised the work.

Demonstrations on the drying of fruits and vegetables have been given in practically all rural districts. The cities of Bisbee and Douglas sent representatives to these training meetings. Drying has been done only on an experimental basis this year and approximately 100 pounds of dried food has been reported. However, the Agent feels that many more families have participated in the program than have reported. The canning in the county has been doubled and a very conservative estimate has been submitted, 120,000 quarts canned. In addition to this 2313 containers has been reported by 4-H Club members.

Special demonstrations have been given in the Use of Sour Milk, Cereals, preparation of Eggs, Vegetable Cookery and Sugarless cookery. In addition to these demonstrations the Specialist has presented County Leader's Training meetings with the following demonstrations: two demonstrations on Meal Planning Made Easier and one demonstration on Bread Making. These demonstrations were repeated throughout the county to approximately 600 Homemakers.

Of special interest has been the work in clothing. Stress has been put on the fact that we must use what is on hand. In cooperating with the Red Cross work room 100 garments have been repaired and turned over to the emergency store room in Willcox. These garments have been used for demonstrating different kinds of patches, darns, the different methods of washing, cleaning and pressing materials.

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A collection of patterns has been made which is a loaning library for those who care to borrow them to make over garments for their families, neighbors or the emergency work room.

This type of clothing repair was the direct outgrowth of demonstrations given by the Clothing Specialist. During the year she has given three demonstrations. The first on Color, second, Washing of Finer Fabrics, and Wardrobe Planning. Throughout these programs mending has been emphasized. The Agent feels that these repair demonstrations have been the outstanding clothing work in the county this year.

The Agent has given assistance to the nurses of the county in the organization of First Aid classes at Cochise, Silver Creek and McNeal.

Assistance was given with the rural Fire Prevention Program.

The Agent attended two meetings of the County Nutrition Committee in Bisbee.

Through the 4-H Clubs at Dragoon a total of \$140.00 worth of defense stamps have been purchased by this club.

All 4-H Clubs and Homemakers assisted with the scrap drive. No county report has been received as to the amount of scrap or the price paid.

#### Share the Meat Program

The County has been covered on the Share the Meat Program. This was done in cooperation with the O. C. D., County Nutrition Committee, the County Agent and others. Wherever it was possible the Neighborhood Leaders System was used with community and neighborhood leaders being responsible for the work. A few outlying families were contacted by mail using the return card system.



Every 4-H Club has helped to  
gather junk. This is a  
junior club that is  
having a share  
in the War  
Program





This is the way "Victory Gardens" are started at Stewart.



A Frame Garden - at Paul Spur. This frame helped to conserve moisture but this year was especially effective in protecting against grasshoppers, sulphur smoke and wind.



"Victory Gardens"



Getting ready -- near Elfrida.



Eicks girls do all the garden and canning work. Members of the Mother-Daughter Canning Club.



Ruth Giles  
A Mother-Daughter canner and  
one of the best!



Ruth has had complete charge of this garden.  
Most of her garden was canned before the  
grasshoppers appeared.



The Pinedo Garden

Much of this garden was sold in Douglas but as a Mother-Daughter canner Carmen made a good showing.

Helen McLaughlin had a beautiful garden! The grasshoppers moved in - and in one day it looked like this. The ground is covered with grasshoppers. Even the mesquite leaves were eaten.



So Helen had her picture taken in her neighbor's garden where she obtained her vegetables to can.





Paul Spur, cement plant in the distance.  
Showing poor soil. These Mexican children  
have hauled in soil and have made a  
desperate effort to have a "Victory Garden".

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#### SUMMARY

During the year, December 1941 - December 1942, the Agent has spent 102 days in the office and 181 days in the field.  $67\frac{1}{2}$  of these days were spent in conducting work with juniors and  $216\frac{1}{2}$  days with adults.

Adult work has been carried on in 21 communities through 12 Homemakers Clubs, 5 Relief Societies, 2 Federated clubs other miscellaneous groups with a membership of 815 women.

The junior work has all been through organized 4-H Clubs in 15 communities. 26 clubs have completed with an enrollment of 69 boys and 108 girls. All completed but 2 girls. Outstanding among these girls and boys has been the work of Shirley McPherson, State Winner in Canning. Also, Dorothy Ingle and Margaret Burnett, State Winners of the Dairy Foods demonstration. A total of 10 demonstration teams were trained in the County.

15 training meetings were held by Specialists for local leaders.

172 method demonstration meetings with adult and 4-H clubs were held with an attendance of 3018.

7 meetings were held with result demonstrations in Clothing with an attendance of 108.

1 adult achievement day was held with an attendance of 50 women.

12 achievement days were held with 4-H Clubs with a total attendance of 469.

25 other meetings not reported in the above, including adult and 4-H clubs were held with an attendance of 637.

Subject matter with adult groups included Nutrition, Clothing, Home Furnishings and miscellaneous work. With 4-H clubs, Meal Planning, Baking, Canning, Clothing, Home Beautification, Handicraft, Home Accounts, Health, Music Appreciation, Camp and Garden.

The Agent attended the Annual State Conference, Planning Conference, H. D. A. Conference, the Pinal County Achievement Day, and a meeting of the Elgin Book Circle in Santa Cruz County.

1 radio program was prepared and given over the Arizona Network and 1 radio record was made which was broadcast over the Farm and Home Hour.

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A total of 124 home visits have been made during the year to 65 different homes; 375 office calls received; 74 telephone calls; 4 news stories published; and 2654 bulletins distributed.

58 $\frac{1}{2}$  days of the year have been devoted to the War Effort.

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#### PROGRAM OF WORK

Factors to be considered in developing the 1943 Program of Work:

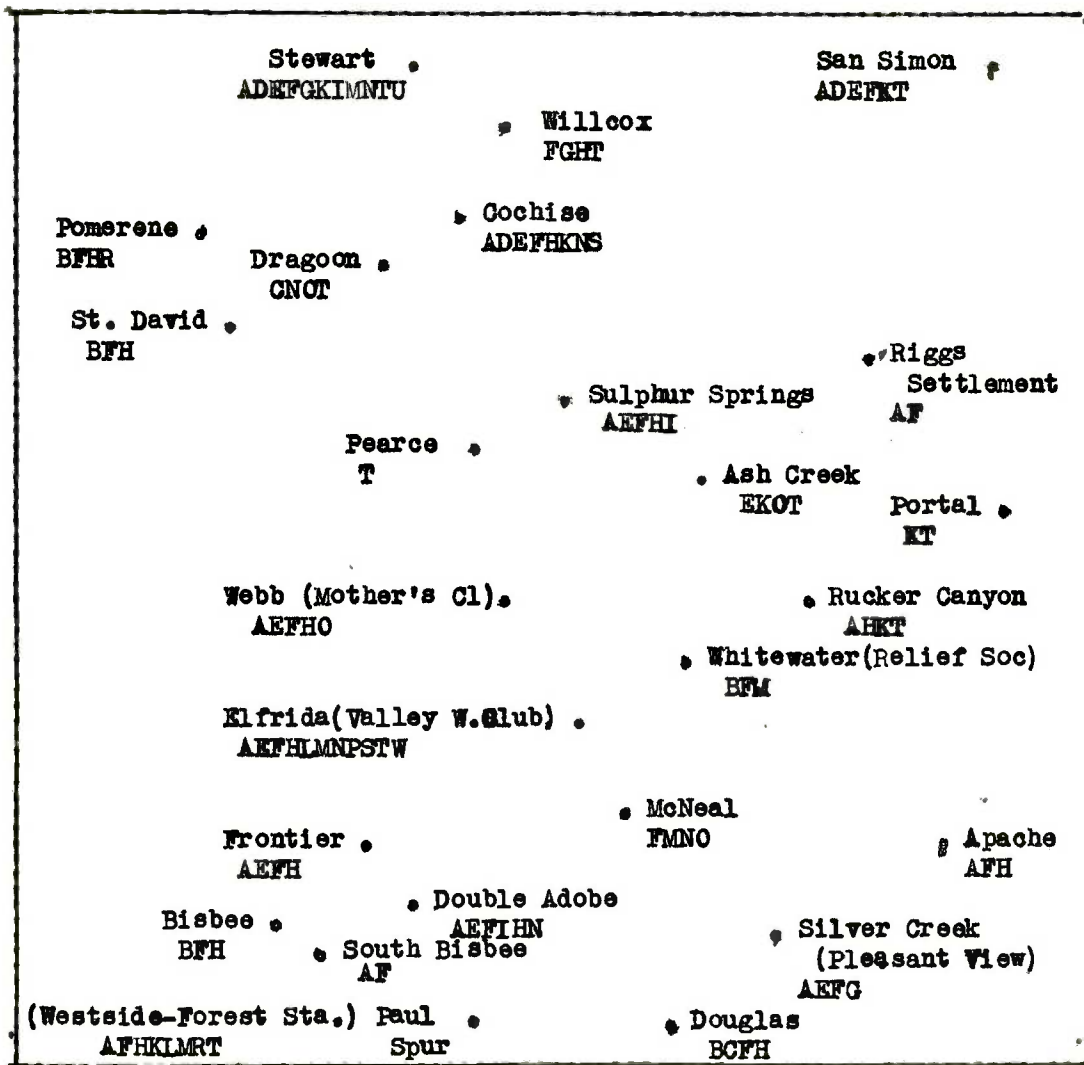
1. Size of County, distance between communities and scattered homes.
2. Need of work - Where? - What? - Equipment to work with?
3. Spirits of cooperation and help given to Agent.
4. Present economic situation.
5. Requests for work in new communities.
6. Increased home gardens and the need for caring for this surplus.
7. Suggestions for State Agent.
8. Definite days for office work.
9. Definite days set aside for miscellaneous or emergency work.
10. Specialist time and subject matter.
11. State Program.
12. Rural Electrification.
13. Defense Program.



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MAP OF COUNTY SHOWING ACTIVITIES OF THE YEAR

C O C H I S E - C O U N T Y



ADULT WORK

- A. Homemakers Clubs
- B. Relief Societies
- C. Federated Clubs
- D. House Furnishings
- E. Food Preservation & Storage
- F. Food Selection & Preparation
- G. Home Management
- H. Clothing and Textiles
- I. Recreation & Community Life

JUNIOR WORK

- K. Handicraft
- L. Home Beautification
- M. Garden ) Victory
- N. Canning )
- O. Meal Planning
- P. Baking
- R. Health
- S. Accounty Keeping
- T. Clothing
- U. Music Appreciation
- W. Camp

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## I. Organization

### Sub-Project C. 4-H Clubs

#### Phase 1. 4-H Club Organization

The county had a total of 26 4-H Clubs with 69 boys and 108 girls enrolled with all completing except 2 girls. These boys and girls were all enrolled in rural schools except as vacation projects, which were under volunteer local leaders. They were all of school age. 10 demonstration teams were trained.  $67\frac{1}{2}$  days were devoted to 4-H Club work.

Mr. Emil M. Rovey, State 4-H Girls' and Boys' Club Specialist, was in the county  $6\frac{1}{2}$  days. On each trip to the county he visited all clubs that were available during the time he was here.

The above clubs were organized in the following communities: Forest Station, Rucker Canyon, Ash Creek, McNeal, Elfrida, Double Adobe, Pearce, Stewart, San Simon, Portal, Dragoon, Pomerene and Willcox. The following projects were represented in these thirteen communities: garden, canning, health, clothing, handicraft, meal planning, baking, music appreciation, camp, home beautification and home accounts.

In addition to the regular project enrollment Victory Clubs under the war activities was organized in every community. This organization consisted of special work in collecting scrap, increasing the family food supply, preservation of foods, other than the 4-H requirement carrying two or more 4-H projects, collecting stamps and buying victory stamps and bonds.

Of special interest in junior organization has been a group of younger girls and boys who have carried either a 4-H project or Victory garden to completion. These juniors were given booster pins and Victory pins. This group represents a total of 28 boys and 17 girls who completed the project. Some of the most enthusiastic workers of the county are found in this junior group.

TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN COCHISE COUNTY

1941 - 1942

Project XIII. Nutrition	Sub-Project A. Phase 3 4-H Gardens (cooper- ating with Co. Agt.)	Sub-Project B. Phase 3 Canning Foods	Sub-Project B. Phase 3 Drying Foods	Sub-Project B. Phase 5 4-H Club Canning
No. groups planned	2	0	0	2
Location	Pomerene Elfrida	As needed	0	Stewart Elfrida
No. groups achieved	4	9	10	4
Location	Elfrida Whitewater McNeal Stewart	Sulphur Springs Ash Creek Silver Creek Frontier Stewart Valley Womens Cl. Double Adobe San Simon Cochise	Valley Womens Cl. Frontier McNeal Silver Creek Sulphur Springs Stewart San Simon Webb Mothers Cl. Double Adobe Cochise	Elfrida Whitewater McNeal Stewart
No. indiv. enrolled	4 Jrs. 43	600	164	4 Jrs. 43
No. indiv. completed	4 Jrs. 43	500	75	4 Jrs. 43
Work accom- plished	43 completions All carrying garden- canning as a Victory project 14 acres of garden	Est. 120,000 qts Est. value 20¢ qt	Much interest in project but few followed up program 100 lbs. @ 20¢	43 completions in Victory Project 2313 containers filled
Value	\$860.00 est.	\$24,000.00 est	\$100.00 est	\$531.25
Amt. saved	\$500.00 est.	\$12,000.00 est	\$ 20.00 est	\$330.25

TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN COCHISE COUNTY

1941 - 1942

Project XIII. Nutrition	Sub-Project C. Phase 5 4-H Meal Planning	Sub-Project D. Phase 8 4-H Baking	Sub-Project D. Phase 11 Meal Planning Made Easier	Sub-Project E. Phase 7 4-H Account Keeping
No. groups planned	2	0	16	0
Location	Dragoon Elfrida		Frontier Portal Bisbee South Bisbee Westside Com. Club Double Adobe Valley Womans Club Webb Mothers Club Stewart Dragoon Cochise Sulphur Springs Silver Creek Willcox Douglas St. David Pomerene	0
No. groups achieved	3	1	20	1
Location	Dragoon McNeal Elfrida	Elfrida	Double Adobe Sulphur Springs South Bisbee Valley Womans Club Stewart Westside Com. Club Cochise Willcox St. David Relief Soc Bisbee Relief Soc Frontier Riggs Settlement Silver Creek Apache Whitewater San Simon Cochise Pomerene	Elfrida

TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN COCHISE COUNTY

1941 - 1942

Continued				
Project XII. Nutrition	Sub-Project C. Phase 5 4-H Meal Planning	Sub-Project D. Phase 8 4-H Baking	Sub-Project D. Phase 11 Meal Planning Made Easier Webb Mothers Club McNeal	Sub-Project E. Phase 7 4-H Account Keeping
Location				
No. indiv. enrolled	45	1	50 Leaders	3
No. indiv. completed	45	1	40 Leaders	3
Work accom- plished	6596 meals planned & served. Outstanding meal Planning club at Dragoon, serving hot lunch for all pupils. Chicago Trip in Dairy Foods Demonstration	89 dishes prepared	Repeated work to 500 Homemakers	3 record books turned in. State Award
Value	\$1414.48	\$18.87	Value not determined	0
Amt. saved	\$ 695.87	\$ 8.12	?	0

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**XIII. Nutrition**

**Sub-Project A.**

**Phase 2. Production of eggs, milk, butter and meat**

In connection with a State Planning Meeting special instruction was given the Home Demonstration Agent on the production, care, and storage of eggs, butter and milk. This information has been used generously in meetings, home visits and in circular letters.

Cooperating with the County Agent and Dairy & Poultry Specialist a subject - matter meeting was held in the Stewart district. The Homemakers sponsored the program and prepared a "Home Grown" dinner and the Specialist gave an interesting and helpful demonstration on the grading of eggs and answered questions relative to the subject. 46 men and women were present.



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### XIII. Nutrition

#### Sub-Project A. Food Production Phase 3. 4-H Garden Clubs

The Agent has been unusually active in giving assistance to the County Agent and garden club leaders in connection with Victory 4-H gardens. The Agent has been responsible for the organization, visiting 4-H gardens, checking on records and in helping to take care of the garden surpluses. The County Agent and Specialist have been responsible for all subject matter. The above gardens include the following communities: McNeal, Whitewater, Elfrida, Stewart, Dragoon, and Forest Station.

Under 4-H garden clubs the Home Demonstration Agent has had an interesting group of girls and boys independent of the restrictions placed on 4-H gardens. These gardens were supervised entirely by the Home Demonstration Agent and all of the food was reported under the family food supply or under canning the garden surplus. Some of these children were under ten but received a Victory pin for their efforts. This project included 39 girls and 4 boys of club age.

Of special interest were the days spent with the 4-H Club Specialist in a tour through the gardens in the central part of the county. 19 gardens were visited and pictures were taken of these projects by the Specialist.

#### Phase 4. Nutrition for Defense

The Agent attended meetings held by the Dairy and Poultry Specialist and the Horticultural Specialist in connection with the Food for Victory Program. These meetings were held countywide and the Agent talked on nutrition at Double Adobe, Whitewater, Sulphur Springs, Stewart and San Simon. This was to inform rural districts on what was expected of them on the War Program. A total of 321 were present at the meetings the Agent attended.

The Agent and Nutritional Specialist attended one meeting in Bisbee in the interest of the County Nutrition Committee. The Agent and Nutritional Specialist attended a meeting in Bisbee on the "Share the Meat" Program in November.



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### **XIII. Nutrition**

#### **Sub-Project B. Food Preservation**

##### **Phase 1. Brining Foods**

Assistance has been given 10 Homemakers in the brining of corn, green beans, cauliflower, turnips and cabbage.

##### **Phase 2. Canned Foods**

The home canning of fruits and vegetables in Cochise County has been doubled due to the War Program. Everyone realized the necessity of the program and every Homemaker is glad to do her part. Review of canning methods has been given in every community. Mrs. Dudgeon's new time table has been used as best suited for Arizona elevations. 66 women were assisted through meetings and many others through office calls, home visits and other contacts.

One meat canning demonstration was held at Ash Creek with 12 women present. 60 quarts of meat were canned and 20 quarts of soup.

##### **Phase 3. Drying Foods**

Following the outlines and demonstrations given by Mrs. Lola T. Dudgeon, Nutritional Specialist, a tunnel dryer was constructed and demonstrations were given in 10 communities with an attendance of 164. Cabbage, onions, Irish potatoes, carrots, corn, squash and fruits were dried. Drying with an electric fan is a new experience in Arizona and many women still prefer the sun. However, 75 women have reported trying the electric fan and drying foods on a small scale.

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### XIII. Nutrition

#### Sub-Project B. Food Preservation Phase 5. 4-H Canning Clubs

4-H canning clubs were organized at McNeal, Elfrida, Stewart, Cochise, Dragoon and Double Adobe. A total of 39 girls and 4 boys completed this project.

A different type of work was attempted this year in connection with home canning for 4-H club members. This was done in cooperation with the mothers or interested women in the community. The plan was as follows: A preliminary demonstration was given to the leaders, mothers and girls. This included the ordinary methods of canning with the hot water bath, pressure cooker and open kettle. The mothers who assisted in this have had much to say concerning the interest of the children in their gardens, in the preparation of food for canning and in the actual filling of the jars. It was decided at the beginning of the club year that any girl who completed the required number of jars should receive a 4-H pin. Any girl who canned in addition 25 containers or who completed a second year in 4-H requirements should receive a Victory pin. In her report it was intended that she should report her own work separate from the assistance which she gave her mother. Of special interest has been the reaction of the Spanish mother. In many cases she does not read English and so the information concerning the canning of the garden surplus had to be relayed by the daughter to the mother. This canning club has done much to bring together the Spanish and English speaking families. The Mexican families are better gardeners than most of the white families and so a rather superior feeling along this line balanced their lack of information as to how to prepare and preserve their garden surpluses. A total of 2313 containers has been reported from this group. However, this is not the final figure as canning is still going on at this time.

At the request of the 4-H Club Specialist a record was prepared concerning the Mother-Daughter canning club of this county. This was used over the Farm had Home Hour out of San Francisco and over the Arizona Network.

#### 4-H Canning Champion

Shirley McPherson of Elfrida was named county and state Canning Champion and will receive the Kerr Award and trip to Chicago. Shirley has been in 4-H Club Work nine years. As canning champion she had a record of 1033 pints as a total of four years work in canning. Over 500 of these were canned this season. Having had her garden destroyed most of her food for canning was supplied by neighbors. Shirley gave assistance to four different neighbors and thus obtained the material for her own exhibit. She has a canning exhibit ready to be sent to the Chicago

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Contest. She chose to exhibit vegetables and has a total of fifteen varieties from which to select the necessary five.

### XIII. Nutrition

#### Sub-Project C. Food Selection

##### Phase 5. 4-H Meal Planning

A total of 45 girls and boys have been enrolled in foods clubs including meal planning, baking and hot lunch. Two demonstrations were prepared and given.

The McNeal meal planning club completed two years work under the able leadership of Mrs. Evelyn Stewart. Two public demonstrations were given to the community, one of these was followed with a Box Supper prepared by the girls. A total of \$39.00 was received from this Box Supper and has been used to buy materials for 4-H Club Work and demonstrations. It had been planned to send four girls to the State Round-up but since this was cancelled this money is being held for future needs. This club donated \$5.00 to the Red Cross and assisted with the President's Birthday celebration, entertained the Boy Scouts of the neighborhood and gave a party for the mothers.

A meal planning club at Dragoon was organized as an ordinary club project. When the need developed for a Hot Lunch for school children the 4-H club assumed this responsibility under the guidance of their leader, Mrs. Herrell. Ninety hours each was given by four girls who helped with the preparation of these meals. An average of forty lunches were served each day. A total of 705 hours of school time was devoted to this project. This club is outstanding in the National Defense project. A total of \$140.00 of defense stamps have been purchased by this club.

#### Dairy Foods Demonstration Team

Dorothy Ingle and Margaret Burnett were chosen as the county and state winners in the Dairy Foods Demonstration. They selected as their subject "Dairy Foods in the Picnic Lunch". They are planning to make the Trip to Chicago and present this demonstration in the National Contest. Margaret is one of our oldest 4-H club girls having a total of nine years in club work and a record for having completed thirty projects and has a complete record of every project, which is unusual.

The records for 4-H Meal Planning projects show a completion of 6596 meals prepared and 89 dishes baked.



McNeal  
Meal Planning Club

They have a new electric stove on which to cook. The only club in the county to rate this equipment.

Judging is  
a part of  
every  
demonstration



Posters and  
note books are  
complete on  
Achievement  
Day.



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### XIII. Nutrition

#### Sub-Project D. Food Preparation

##### Phase 1. Preparation of Cereals

Three planned demonstrations on this subject were given to Apache, Silver Creek and San Simon groups which were not included in the Leaders Training. Outlines prepared by the Specialist were followed and were given by the Agent as follow-up work from last year. A total attendance of 40 Homemakers.

##### Phase 2. Preparation of Vegetables

Three demonstrations on this subject were given to Apache, Silver Creek and San Simon with a total attendance of 40. These were a part of the follow-up series of meeting by the Agent. Outlines prepared by the Specialist were followed.

In connection with the preparation of vegetables dried vegetables were also served in order to show the method of preparing and cooking the vegetables which had been dried the month before.

##### Phase 3. Preparation of Eggs

County Leader's training meetings were held in three communities by the Nutritional Specialist. A total of 26 leaders attended these meetings and these leaders repeated the demonstration in their local groups. This particular meeting, a part of the "Meal Planning Made Easier" series, had to do with egg cookery. Eggs being produced on all ranches made this demonstration very popular.

##### Phase 4. Preparation of Milk

The Agent repeated a "Sour Milk" demonstration to Apache, Silver Creek and San Simon Homemakers as a part of her follow-up series. Outlines by the Specialist were used in presenting this material to a total attendance of 61.



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### XIII. Nutrition

#### Sub-Project D. Food Preparation

##### Phase 6. Camp Cookery

One demonstration was given in camp cookery to the Westside Community Club. 26 Homemakers attended this demonstration.

##### Phase 11. Meal Planning Made Easier

Mrs. Lola Dudgeon, Nutritional Specialist, held a series of County Leaders Training meetings in three different centers. Her subject "Meal Planning Made Easier" was repeated to 18 communities by the Nutrition Leaders. 36 Leaders attended her meetings.

In addition to the Nutritional Specialist's demonstrations the Agent has given monthly help to the local Nutrition Leaders. These leaflets have been sent out to each group and have served to keep each locality informed on what is expected of them in the Defense Program, what is new in nutrition and other timely subjects. The Agent assisted Leaders in presenting these demonstration to meetings with a total attendance of 258.

##### Phase 12. Sugarless Cooking

Four demonstrations were given by the Agent in connection with Sugarless meetings with a total attendance of 62 Homemakers.

#### Sub-Project E. Food Economics

##### Phase 7. 4-H Account Clubs

Three girls have been enrolled in Home Accounts, Shirley McPherson, Charlotte Patterson and Betty Gibbons. All three girls kept accounts for one year and in January submitted these to the State Office for competition. Shirley's records were given first place in the county and state and she has received a medal as a special award for this. Shirley has continued with her home accounts and submitted a six months report with her canning record for general activity.

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**XIII. Nutrition**

Sub-Project E. Food Economics

Phase 8. Testing Pressure Cooker Gauges

Three pressure cooker gauges were tested and replaced.



TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN COCHISE COUNTY

1941 - 1942

Project XIV. Clothing	Sub-Project A Phase 1 The Well-Dressed Woman & Wardrobe Planning	Sub-Project B Phase 1 Sewing Skills	Sub-Project B Phase 5 Dress Forms	Sub-Project C Phase 2 Sewing Machines
No. groups planned	14	0	0	0
Location	Stewart Sulphur Springs Cochise Dragoon Valley Womens Cl. Double Adobe South Bisbee Westside Com. Club Pleasant View Douglas Womens Cl. Douglas Relief Soc. St. David Relief Pomerene Relief Portal	0	0	0
No. groups achieved	16	3	6	Individual assistance
Location	St. David Relief Soc. Frontier Double Adobe Westside Com. Cl. Webb Mothers Cl. Valley Womens Cl. Stewart Cochise Sulphur Springs Dragoon	Apache Webb Mothers Cl. Valley Womens Cl.	Valley Womens Cl. Webb Mothers Cl. Rucker Canyon Cochise Apache Frontier	Elfrida Cochise Valley Womens Cl. Stewart Sulphur Springs

TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN COCHISE COUNTY

1941 - 1942

Continued Project XIV. Clothing		Sub-Project A Phase 1 The Well-Dressed Woman & Wardrobe Planning	Sub-Project B. Phase 1 Sewing Skills	Sub-Project B Phase 5 Dress Forms	Sub-Project C Phase 2 Sewing Machines
Location		Pomerene Relief Soc. Riggs Settlement South Bisbee Douglas Relief Soc. Bisbee Relief Soc. Whitewater Relief			
No. indiv. enrolled	43		45	84	6
No. indiv. Completed	43		45	18	6
Work accom- plished		Repeated work to 500 club members	45 Homemakers passing sugges- tions on. Used with all 4-H clothing Clubs	18 dress forms completed during demonstrations. A total of 40 dress forms made as a result	6 sewing machines cleaned and adjusted.
Value	\$500.00 est		\$100.00 est	\$80.00 est	\$18.00 est
Amt. saved	\$400.00 est		\$50.00 est	\$40.00 est	\$18.00 est

TABLE SHOWING PROGRAM AS PLANNED AND  
ACHIEVED IN COCHISE COUNTY

1941 - 1942

Project XIV Clothing	Sub-Project D Phase 3 Reconstruction	Sub-Project D Phase 4 4-H Club Clothing
No. groups planned	0	5
Location	0	Whitewater Pearce San Simon Stewart Dragoon
No groups achieved	4	10
Location	Cochise Sulphur Springs Stewart Valley Womans Cl.	Portal San Simon Rucker Canyon Pearce Stewart Willcox Elfrida Dragoon Paul Spur (F. Sta.) Ash Creek
No. indiv. enrolled	57	12 Jrs. 73
No. indiv. completed	57	12 Jrs. 71
Work accom- plished	100 garments recon- structed on the emergency program	206 articles made
Value	\$100.00 est	\$160.61
Amt. saved	\$ 75.00 est	\$105.99

Miss Bertha Virmond  
Cochise County  
1942

#### XIV. Clothing

##### Sub-Project A. Selection

##### Phase 1. The Well-dressed Woman

Continuing with local Leaders demonstrations from the 1941 program the work on color was completed countywide.

Early in 1942 the clothing project was planned by the Clothing Specialist and she came to the county continuing her leadership meetings in the same communities and with the same local leaders as during the years 1940 and 1941.

The first of these demonstrations was on the testing of fabrics. This was given in three centers with 34 clothing leaders attending. Each of these went back to her own community and repeated the demonstration. This demonstration was given at this time feeling that on the emergency program it was necessary for the women to understand the fabrics with which they were concerned before they would know how to care for them, and most important, how to extend their life as garments.

The second demonstration was given later in the year on the washing of fabrics. This demonstration was given to two communities with an attendance of 16. Special emphasis was put on the care of rayons. Other fabrics such as woollens, corduroys, knitted goods, organdies and foundation garments were washed. Each group brought four different kinds of materials. These were all washed in water, ironed or pressed and repaired. This is probably one of the most helpful meetings of the year. As a result of this we have better ironing boards, pressing clothes, and many garments are being reconstructed which could not have been used had this instruction not been given so the women would know that proper laundry methods would help fabrics.

Early in the fall a special Wardrobe planning meeting was held with the Home Demonstration Agent. One day was spent in the north end of the county and one in the south at which time 12 different leaders took advantage of this personal help. This is the second of such meetings to be held in the north part of the county. As a result of these Wardrobe Planning meetings we have ten women who consider themselves result demonstrators. These women hold themselves ready to help anyone in their group plan, cut, sew or fit any garment.

43 leaders took the leaders training meetings with Miss Dryden and took these demonstrations back to their groups with a total attendance of 253 Homemakers.

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#### XIV. Clothing

##### Sub-Project B. Construction

##### Phase 1. Sewing Skills

The Agent has made up a collection of short cuts in sewing. Most of these were suggested by our Clothing Specialist. These have been used in both 4-H and adult work and special demonstrations have been given in three communities to a total of 45 women. These have been used in helping 4-H leaders, particularly.

##### Phase 5. Dress Forms

18 dress forms were made during demonstrations at the Valley Womans Club, Webb Mothers Club, Rucker Canyon, Cochise and Apache. These were supervised by the Home Demonstration Agent and followup work was done by the women in each community. Approximately 40 dress forms have been made as a result. Attendance at these demonstrations was 68 Homemakers.

##### Sub-Project C. Economics

##### Phase 2. Care of Sewing Machine and Equipment

Six sewing machines have been cleaned and adjusted.

##### Sub-Project D. Selection and Economics

##### Phase 3. Remodelling or Extending the Life of a Garment

In connection with the training of these result demonstrators approximately 100 garments have been reconstructed on the emergency program. Used garments have been handed to various groups and under the direction of these Clothing Leaders these garments have been washed, repaired, pressed, re-cut into very usable garments. These garments are being stored in the Red Cross work room and anyone who meets an emergency can obtain very good looking garments through the results of this project. Perhaps the greatest result that has come out of this training has been with this used material. We have had garments on which to make suggestions that otherwise we would not have had the material on which to demonstrate various sewing skills, such as dying, buttonholes, seam finishes, etc.

Of special interest to home sewers has been the lesson on patching. This has included the machine overall patch, which is being used on work

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dresses as well as on men's garments, the wool patch done with the crochet hook, sweater patch done with a needle, and the knitted in patch, the set-in patch for better clothes, particularly rayons and making over of mens nose into childrens.

Attendance at these Remodelling or reconstruction meetings was 67.

#### XIV. Clothing

Sub-Project D. Selection and Economics  
Phase 4. 4-H Clothing Clubs

4-H clothing clubs were organized at San Simon, Pearce, Rucker, Dragoon, Ash Creek, Willcox, Stewart, Elfrida, Forest Station and Portal with a total enrollment of 73 girls, all completing but 2. A total of 206 articles have been completed.

From this group five girls were chosen to represent the county in the 5th year Dress Revue. These included Kitty Horne, Dragoon, Eddie Crow, San Simon, Mary Jewell Bloodworth, Willcox, Mary Burnett, Elfrida, and Betty Gibbens, Cochise. Mary Burnett was named county winner.

In addition to doing the required 4-H club work every group has been given assistance in the care of clothing with strong emphasis on the repair of any usable articles, which is they cannot be used within the family or county, should be passed on.

Two demonstration teams were trained in clothing but since there was no State Round-up these did not get out of their own community.





**Mary Burnett**  
**County Dress Revue Winner**



Mary Jewell Bloodworth  
entered this work suit in the  
County Dress Revue.





A typical  
Cochise County  
4-H Clothing Club.

From 8 to 16 years  
old.



TABLE SHOWING PROGRAM AS PLANNED AND  
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1941 - 1942

Project IV	Sub-Project A	Sub-Project B	Sub-Project B.	Sub-Project B	Sub-Project B	Sub-Project B
Home Economics	Phase 1	Phase 1	Phase 1	Phase 7	Phase 10	Phase 10
Home Mgt.	Care of Bedding	Mattresses	Re-upholstering	4-H Handicraft	Home Repairs	Home Repairs
No. groups planned	0	2	0	3	0	0
Location		San Simon Dragoon		Dragoon San Simon Ash Creek		
No. groups achieved	3	2	1	6	2	2
Location	Cochise Stewart Sulphur Springs	San Simon Dragoon	Stewart	Rucker Canyon Portal Dragoon Paul Spur San Simon Ash Creek	Willcox (Stewart) Double Adobe	
No. indiv. enrolled	30	12	8	15 Jrs. 72	31	
No. indiv. completed	30	12	8	15 Jrs. 72	31	
Work accomplished		14 mattresses 33 comforters completed	Remodelled 4 pieces of furniture	Completed 248 articles		
Value		Mattresses \$210 Comforters \$82.50	\$12.00	\$135.60	\$100.00 est	
Amt. saved		Mattresses \$140 Comforters \$82.50	\$ 6.00	\$ 84.49	\$ 75.00 est	

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**IV. Home Economics (Home Management)**  
**Sub-Project A. Selection**  
**Phase 1. Home Furnishings**

The care of bedding has been given as a method demonstration to three groups. It is planned to continue this work until the county is covered. The care of bedding includes the making of mattress covers, mattress pads, making of comforters together with comfort protectors, the washing of bedding and pillows, and a bed making demonstration.

**Sub-Project B. Construction**  
**Phase 1. Home Furnishings (Mattresses)**

Most of the mattress program was completed in 1941. Since December 1941 44 applications have been received with 33 families certified and 14 mattresses and 33 comforters made in two communities with one leader assisting. The surplus material was given by the A.A.A. committee, certified by the State A.A.A. Office, to the San Simon emergency center and a 4-H Handicraft Club at Dragoon. The work at San Simon was done by women who had had previous training and the Agent had full charge of the work with the 4-H children at Dragoon. The enclosed snap shot gives a fair idea of the finished product which has been presented to the School District and is to be used for emergencies. This used up all the available material for Cochise County and closed the program. The following summary for the completed project is submitted:

**Summary of the**  
**Cotton Mattress and Comforter Program**  
**for 1942**

1. Number of centers in which work was conducted . . . . .	2
2. Number of communities participating . . . . .	2
3. a. Number of training meetings held by H.D.A. .v. . . . .	2
b. Number of training meetings held by Specialists . . . . .	0
4. Number of supervisory visits to centers by H.D.A. . . . .	2
5. Number of supervisors or local leaders assisting - Men . . . . .	0
Women . . . . .	1
6. Total number of applications received . . . . .	2
7. Total Number of mattresses included in applications . . . . .	14
8. Total number of comforters included in requests . . . . .	33
9. Total number of families certified . . . . .	12
10. Number of mattresses made . . . . .	14
11. Number of comforters made . . . . .	33



### Dragoon 4-H Handicraft Club



This group of bombastic 4-H ers made a bed, mattress, pillow, sheets, comforter and bed spread. They presented this to the community to be used in the Defense Program.

The mattress was made from scraps of ticking, all sizes and shapes, no piece longer than 30 inches. The cotton had been discarded as unfit for use by the mattress centers. The A.A.A. committee gave their consent to use this scrap.

While the girls made the tick the boys beat the cotton. The girls sewed the tick together and the boys put on the roll.

Miss Bertha Virmond  
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XV. Home Economics (Home Management)

Sub-Project B. Construction

Phase 1. Home Furnishings (Re-upholstering)

One demonstration was given in the Stewart community on re-upholstering of a davenport, chairs and a mattress made to be used for the couch. Previous demonstrations have been given in this community so this was of interest only to the new comers.

Phase 5. Housekeeping

One demonstration was given on filing cabinets. This was asked for so as to have a permanent storage space for Government bulletins and Extension Circulars.

Phase 7. 4-H Handicraft Clubs

4-H Handicraft clubs were organized at San Simon, Forest Station, Rucker Canyon, Portal and Dragoon. A total of 51 boys and 21 girls completed this project. One demonstration was prepared and given.

All of these clubs completed their requirement and outstanding in the county was the work of the Dragoon Club. In previous years they had completed their two years in Handicraft work and this year took over a "Fix It" project. In addition to the fixing of articles around the home and farm the boys built cupboards, tables, trays and benches to be used in connection with their school lunch. At the close of the mattress program there were scraps of ticking and cotton which was in first class condition. With the approval of the A.A.A. Committee this material was given to the Dragoon club and the sewing girls made the tick and pillow for a mattress. The Home Demonstration Agent spent one day in giving the instruction. The enclosed picture shows the completed mattress. The boys of this club obtained plans for a bed to fit the mattress. This was well made, and in addition to the frame work springs were obtained from old automobile seats, nailed on boards and tied with heavy string and a fairly good set of springs completed for their bed. This bed, springs, and mattress has been offered to the community in case of emergency. In order to make someone responsible for this bed the 4-H club presented the bed, springs, mattress, sheets and quilts to the School Board who have pledged themselves to see that it is well taken care of and to place this project at the service of the community.





Rucker Canyon  
has one of the  
smallest 4-H  
Clubs in the  
County.

But they  
have received  
more blue  
ribbons on  
Handicraft  
than any  
other club.



These  
Juniors do  
beautiful  
work.

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XV. Home Economics (Home Management)  
Sub-Project B. Construction  
Phase 8. 4-H R. E. Club

Miscellaneous assistance was given to the boys 4-H Rural Electrification Club at Elfrida. This consisted in furnishing transportation for the Club Specialist, helping with club records, and in furnishing material and problems for repair.

Phase 10. Home Repairs

Mr. Donald Hitch, Assistant Specialist in Engineering, of the Agricultural Extension Service, was in the County March 5th and 6th. Through the courtesy of the Vocational Teacher and Principal of the Willcox High School their laboratory and tools were turned over to Mr. Hitch for this demonstration. Instruction was given on the following subjects: How to measure correctly with a straight ruler and on a slant; testing for accuracy; discussion of the various types of saws; how to care for a saw; set saws; position of holding the saw followed by actual experience with the rip and cross cut saws; the subject of hammer and nails, and their use followed by actual practice by the women was enjoyed and many fine points were brought out on how to use nails in the actual construction of home conveniences; the care of the plane in storage; how to sharpen the plane and using a plane was thoroughly demonstrated; the construction of a bench stop was a practical experience and used during the sawing demonstration. The repair of electric equipment such as cords was greatly appreciated. The use of solder and the repair of a tub with many holes made quite an impression on the women so that this will be a major home management problem during the coming months.

The only disappointing thing about these demonstrations was the fact that so few Homemakers took advantage of this opportunity. Nine Homemakers in Willcox and seven at Double Adobe, representing six communities was a very poor showing for the effort that had gone into the preparation of this material and its value to the farm home. 15 vocational high school girls attended the demonstration in Willcox.

This demonstration has meant much as it has been repeated in various communities in the county. We find that many more articles are repaired when the women can do the work themselves and not have to call on the busy men in the family.

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XV. Home Economics (Home Management)  
Sub-Project B. Construction  
Phase 11. 4-H Yard Beautification

Cooperating with the County Agent and Specialist assistance was given in the Home Beautification Project at Paul Spur and Elfrida. A total of 11 competed in this project. As reported by the County Agent the state honors went to Charlotte Patterson of Elfrida.

TABLE SHOWING PROGRAM AS PLANNED AND  
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Project XVI Health	Sub-Project B Phase 1 Care of the Sick	Sub-Project B Phase 2 4-H Health Clubs	Project XVII Sub-Project A Phase 2 4-H Music Appreciation	Project XVIII Sub-Project G Phase 1 4-H Camp Clubs
No. groups planned	5	0	0	0
Location	Stewart Cochise Sulphur Springs Double Adobe Forest Station	0	0	0
No groups achieved	3	2	1	1
Location	Cochise Silver Creek McNeal	Pomerene Forest Station	Stewart	Whitewater
No. indiv. enrolled	47	5 Jrs. 48	11 Jrs. 17	4
No. indiv. completed	47	5 Jrs. 48	11 Jrs. 7	4
Work accom- plished	secured assistance of Co. Nurse twice	Prepared and gave one radio program	Carried Victory Project	Completed outline One camping party
Value	0	0	0	\$4.65
Amt. saved	0	0	0	\$3.30

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## XVI. Health

### Sub-Project A. Health Agencies

Assistance has been given in the organization of Junior Red Cross, in furnishing material for nutrition leaders and work on the defense program. The Agent was instrumental in securing the assistance of county nurses in giving the home nursing course at Cochise and at Silver Creek. Assistance was given in the Red Cross first aid center in McNeal. Assistance has been given the Red Cross work room in Willcox in the making of bedding by rural Homemakers as well as suggestions for using up scraps which had been donated to the Red Cross work room in Willcox. The Stewart Community has made ten quilts, Sulphur Spring five, and the Valley Woman's Club one. These have been done under the direction of the Home Demonstration Agent. However, there are a number of other donations by individuals.

In this connection the Stewart and Sulphur Springs Homemakers have taken on the problem of putting many used garments into shape for the emergency work room. Especially interesting in this reconstruction has been the patching of overalls. A special request has come for this type of work. The manager of the work room in Willcox has made the statement that the rural women have done this job unusually well and that she had not been able to get assistance from any other source.

### Sub-Project B. Health Program Phase 2. 4-H Health Clubs

4-H Health clubs were organized at Forest Station and Pomerene with a total enrollment of 23 boys and 25 girls.

The Health club at Forest Station was composed of 95% Mexican children. Early in the club year it was discovered that every child had lice. With the assistance of doctors, nurses, school board and teacher the health program was turned into a de-lousing campaign. Demonstrations were given in the weekly care of the hair, the daily care and treatment for lice. Certificates were given to children who would go as long as one month without lice or nits. At the end of the school year the community was rid of this pest. The children gave demonstrations to each other and to the community at large.

A radio program was prepared and presented from over the Arizona Network on this project. Many comments were received. This was one of the finest pieces of cooperation that the Agent has witnessed.

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**XVII. Child Development and Parent Education**  
**Sub-Project A. Behavior**  
**Phase 2. 4-H Music Appreciation Clubs**

There was only one Music Appreciation Club in the county this year and while this club gave a good report and passed their tests almost 100% the club gradually lost it's identity in becoming a garden club. Since the type of work done by this club was entirely different from the regular garden club work it is reported under music appreciation.

This club planted a flat with garden seeds at school. They studied how seeds grow and carried this as an early spring project. Before school was out these flats were transplanted and plants were sold to the towns people in Willcox as well as to gardeners in their own community.

This club should be mentioned in connection with the scrap drive. They donated liberally of their time and energy in this collection and were largely responsible for the enthusiasm that it takes to get a whole community to work on any project.

Two demonstration teams were trained and presented demonstrations on their achievement.



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XVIII. Community Activities

Sub-Project A. Related Agencies

Phase 3. Farm Bureau

At the invitation of the Whitewater Farm Bureau the Agent attended one of their meetings and made a talk on the place of the Homemakers in the Farm Bureau organization.

The Farm Bureau invited the 4-H clubs of the community to be special guests during the month of November, honoring the 4-H State winners of the county.

Phase 7. National Defense

Assistance was given three communities in the preparation of Neighborhood Maps.

At the invitation of the Douglas Woman's Club a report was made on what the rural women of Cochise County were donating to the War Activity.

At the invitation of the Elgin Book Circle one day was spent in Santa Cruz County. The defense program was discussed with one group of women.

Phase 8. Other Clubs

The Agent talked to the Stewart Garden Club when they were disappointed in their regularly planned program.

Sub-Project B. Conferences

Phase 1. Annual Conference

The Agent attended the annual Extension Conference in Tucson in December.

Phase 5. H.D.A. Conference

The Prescott Conference for women workers was one of the inspirational weeks of the year. The Extension Program presented by Miss Gladys Gallup of Washington was most interesting and helpful.

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#### Phase 6. Country Life Conference

At the invitation of the Homemakers in Pinal County the Agent visited their county achievement and talked on the Country Life Conference in London.

#### Phase 7. Planning Conference

The planning conference held in Tucson in May was attended at which time special instruction was given by the Horticultural Specialist relating to home gardens and by the Dairy and Poultry Specialist on the production and care of milk and eggs and chickens in the home.

#### Sub-Project C. Publicity Phase 1. Radio

Assistance was given with a 4-H radio program planned by the Forest Station 4-H club and broadcast from Bisbee.

Material for a record was prepared on the Mother-Daughter 4-H Canning Club and used on the Farm and Home Hour.

#### Sub-Project E. Achievement Days

Outstanding for adult achievement recognition has been the Webb Mothers Club. On October 11th they celebrated their 30th anniversary. This is the oldest organized rural group in the county and 3 charter members are still attending these meetings. One woman has been active for 29 years, one for 26 years, 2 for 21 years and 3 for 20 years. One member, the late Mrs. Geo. Scheerer, was president for periods totaling 13 years.

This club has been the only social or educational organization in this community. They have helped to finance the school by putting in a windmill and piping water into the school building. They provided drinking fountains, bought a piano, sponsored hot lunches, planned for Christmas celebrations, looked after the funerals, weddings and stork showers. They have made a practice of giving \$5.00 to each family where there had been a death. Living forty miles from town it has not always been possible to provide flowers but the \$5.00 donation has helped to pay for many telegrams and other emergencies. They have sponsored most of the work offered by the Extension Service.

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XVIII. Community Activities  
Sub-Project F. Community Dinners

The Stewart Homemakers have sponsored three community picnics and dinners. The first of these was in connection with the "Food for Victory" campaign started early in the spring. These women entertained the whole community and helped to launch what has been a worthwhile "live at home" program. The Horticultural Specialist, the Poultry Specialist, County Agent and Home Demonstration Agent made pep talks and tried to explain what was expected of the rural people on the Defense Program. The second of these series of meetings was given to the community honoring the younger members. At this time local men and women explained the scrap drive and other programs, and asked the cooperation of the girls and boys in the community. The third, the Stewart Homemakers sponsored a "Home Grown" dinner, the occasion being a return visit of the Poultry Specialist at which time he furnished a most interesting program on the care of eggs, stressing local problems.

The Sulphur Springs Homemakers entertained the families of the community at the home of Mrs. Geo. Anderson. Being one of the few farm homes having electricity Mr. Emil Rovey was invited to bring slides and moving pictures interesting to the young people and men. This followed the grasshopper infestation. Most interesting were the grasshopper pictures taken by Mr. Rovey and Mr. Bliss.

Sub-Project G. Camps  
Phase 1. 4-H Camp Clubs

One Camp club was supervised by Miss Shirley McPherson who is getting her first experience as a club leader. The Agent spent considerable time in helping her to manage this club. 4 girls completed this project.

The outstanding event of this club was an all night camping party at which time the Home Demonstration Agent was present and each girl brought a guest. Actual experience in making fires and cooking all food which was eaten for 24 hours made up an event that will not soon be forgotten.

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**XVIII. Community Activities**

**Sub-Project K. Recreation**

**Phase 4. Christmas Gift Meetings**

The annual Christmas Gift meetings have just started with demonstrations at Stewart, Cochise, Sulphur Springs, Westside Community Club and the Valley Woman's Club. The subject matter for these meetings was obtained at the Prescott Conference. Each community is planning a Christmas Party which will carry with it suggestions for a "Christmas at Home" celebration. Eight demonstrations were presented during the year with a total attendance of 116 Homemakers.

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Assistance from State Office

December - None

January 7-8-9	Mrs. Lola Dudgeon	Demonstration to Nutrition Leaders.
20-21-22-23	Clyde F. Rowe	Food for Victory Program in cooperation with County Agent.
20-21-22-23	Harvey F. Tate	Food for Victory Program in cooperation with County Agent. Talk to 4-H Garden Club at Elfrida.
February 10-11	Emil M. Rovey	Visit 4-H Clubs, check progress and give pep talks.
March 5-6	Donald L. Hitch	Demonstrations on Home Repair.
9-13	Miss Lorene Dryden	Demonstration to Clothing Leaders on "Testing Fabrics".
April 6-9	Mrs. Lola Dudgeon	Demonstration to Nutrition Leaders and Refresher Course.
20-22	Emil M. Rovey	Visit Clubs and attend 4-H Achievement meetings.
May 11-13	Miss Lorene Dryden	Demonstration to Clothing Leaders on "Care of Clothing".
June 12-13	Emil M. Rovey	Tour of 4-H gardens, instruct Rural Electrification club and show pictures & slides for Party at Sulphur Springs.
July - None		
August - None		
September - 8-9-10	Emil M. Rovey	Attend 4-H demonstrations and assist with demonstration teams.
14	Clyde F. Rowe	Egg Grading and Egg Care demonstration to Stewart Homemakers in cooperation with the County Agent.

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Assistance from State Office, cont.

October 26-27-28	Miss Lorene Dryden	Wardrobe Planning Demonstration to Clothing Leaders.
November 16-17-18	Mrs. Lola Dudgeon	Bread Making demonstrations to Nutrition Leaders. Meet with County Nutrition Committee
November 2	Miss Jean M. Stewart	Visit the Geo. Andersons farm to see sweet potato storage



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#### OUTLOOK AND RECOMMENDATIONS

The war effort is the first consideration for 1943. This effort will be divided between adult and 4-H groups. The usual Nutrition, Clothing and Home Management Projects will probably be the heading under which all War Activity will be conducted.